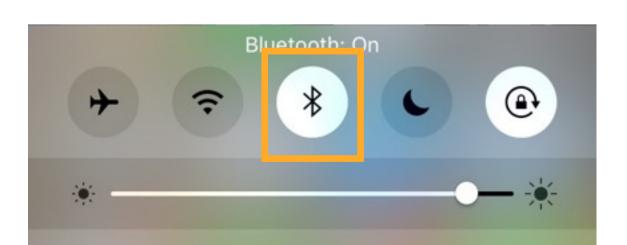
1. Install the "My Timepiece" app from App Store or Google Play.

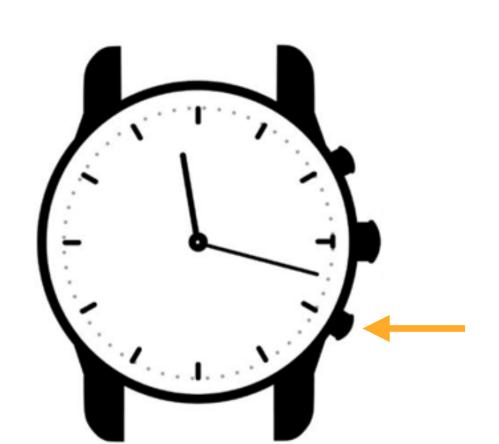


2. Open Control Center panel by swiping up from the bottom on iOS or by swiping down from the top on Android. Then turn Bluetooth ON.



Important note: do not try to connect your watch directly through Bluetooth Settings.

3. Press and hold the 3rd button to turn your watch ON.

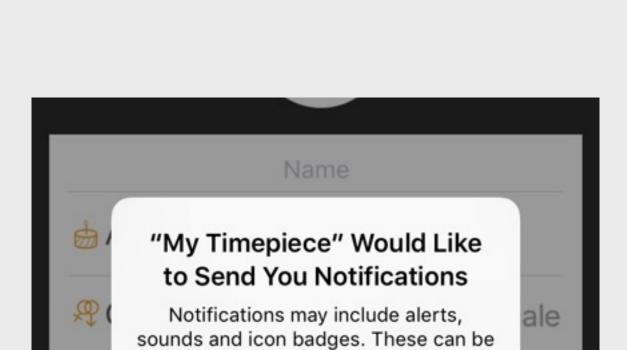


4. All 12 LED indicators light ON for 4 seconds.



Important note: do not turn your watch OFF by pressing and holding the 1st and 3rd buttons simultaneously. When the watch turns OFF, 6 LED indicators blink. Short press the 1st button to check if your watch is activated by displaying activity progress. Press and hold the 3rd button to turn it ON again.

5. Launch the app and allow notifications.



configured in Settings.

Don't Allow

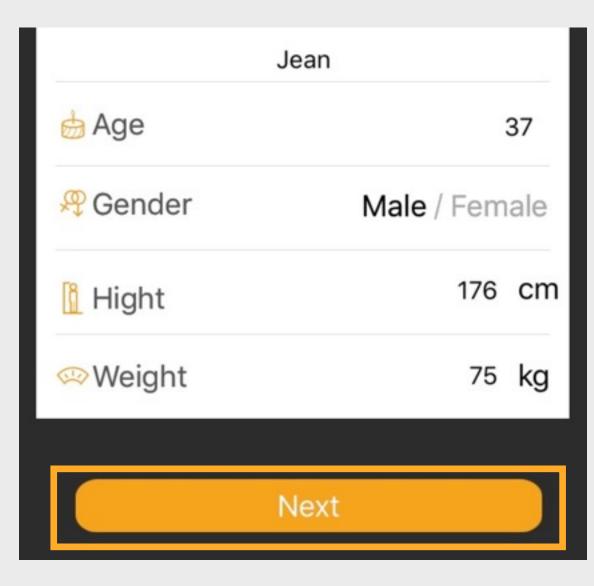
Weight

OK

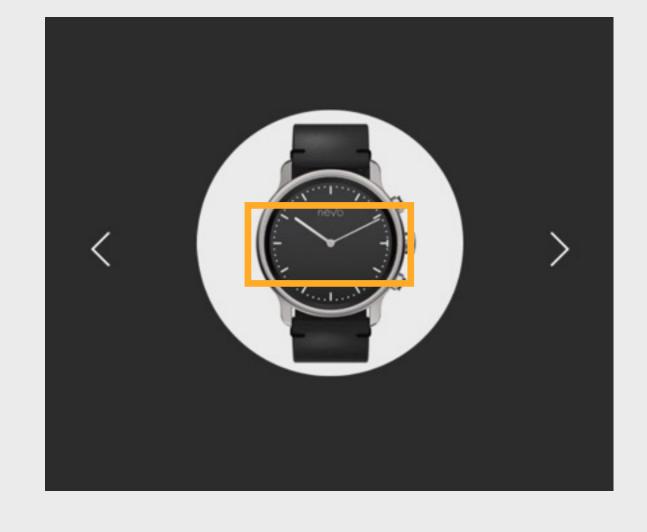
cm

kg

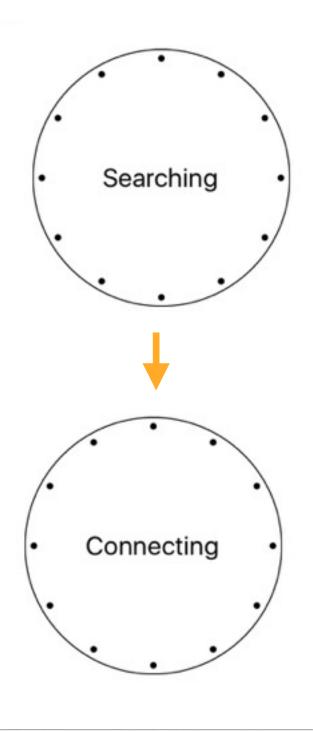
6. Set your profile then tap on "Next".



7. Keep your watch near the phone then tap on the watch photo to start.



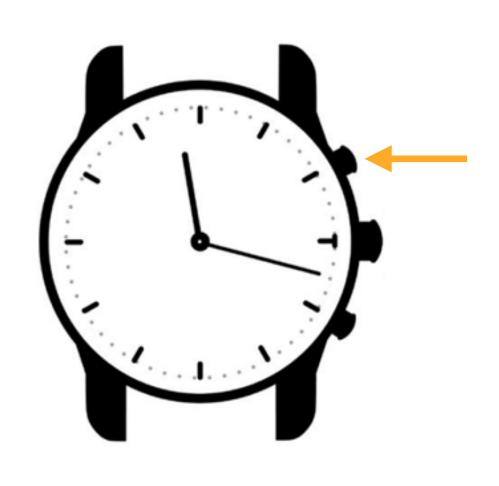
8. The app searches and detects your watch.



9. Wait until 4 LED indicators flash.



10. Press and hold the 1st button for more than 3 seconds to connect your watch.



Important note: the 4 LED indicators will flash for about 1 minute while waiting for pairing confirmation.

11. The white LED indicators light ON successively from the 1 o'clock to 11 o'clock positions.

12. Accept pairing request from "BP42" (only on iOS).

13. Your watch is now paired and connected to your phone. Tap on "Begin" to set and use your app.



